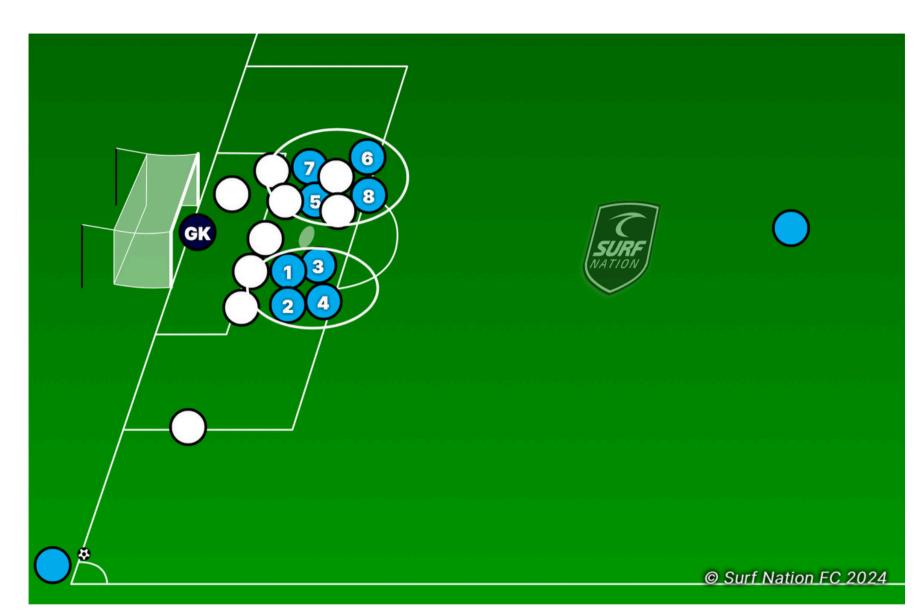
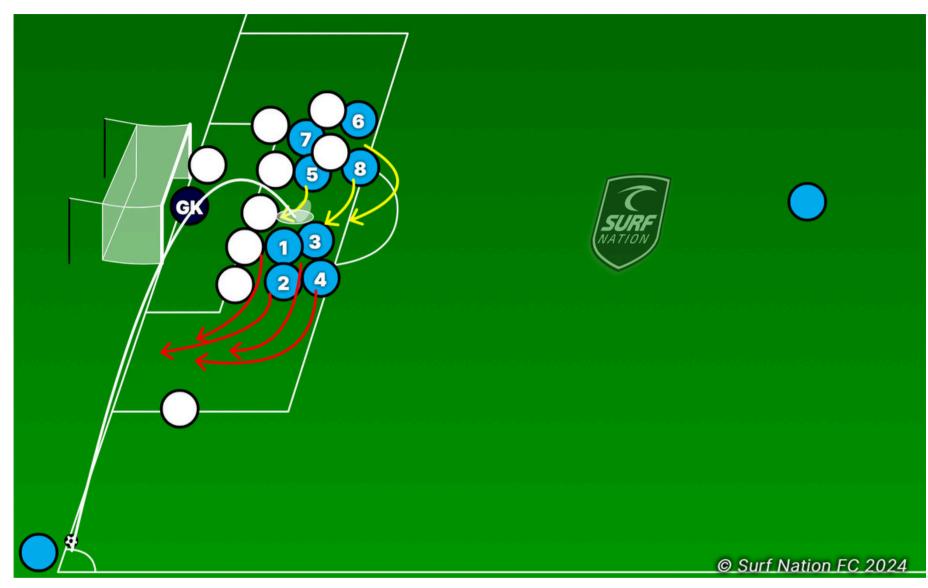


## 1. Double Zone



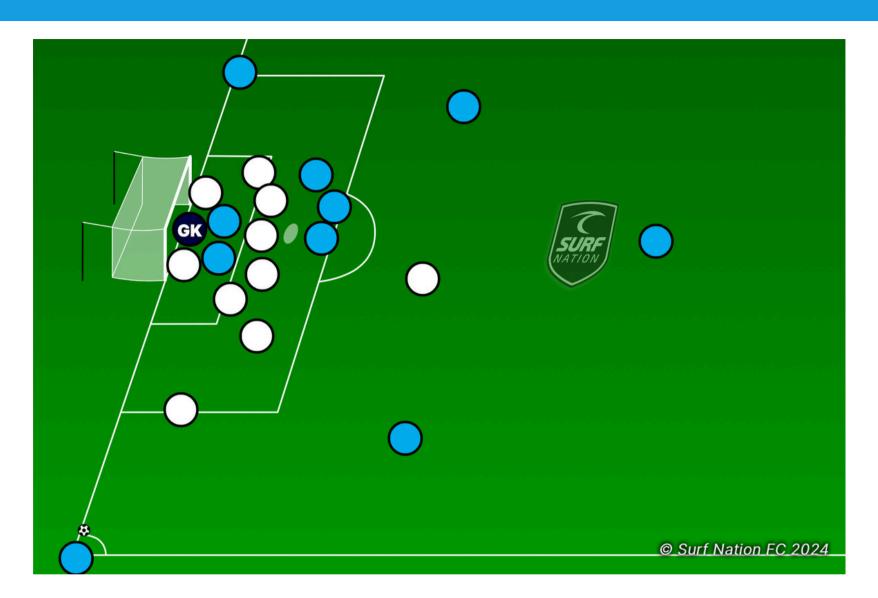
## **Initial Organization**

- Four attacking players at the near post zone to match up against three markers.
- Four attacking players at the far post zone to match up against four markers
- One player in a deeper position outside the 18-yard box positioned for a second phase or to manage the counterattack



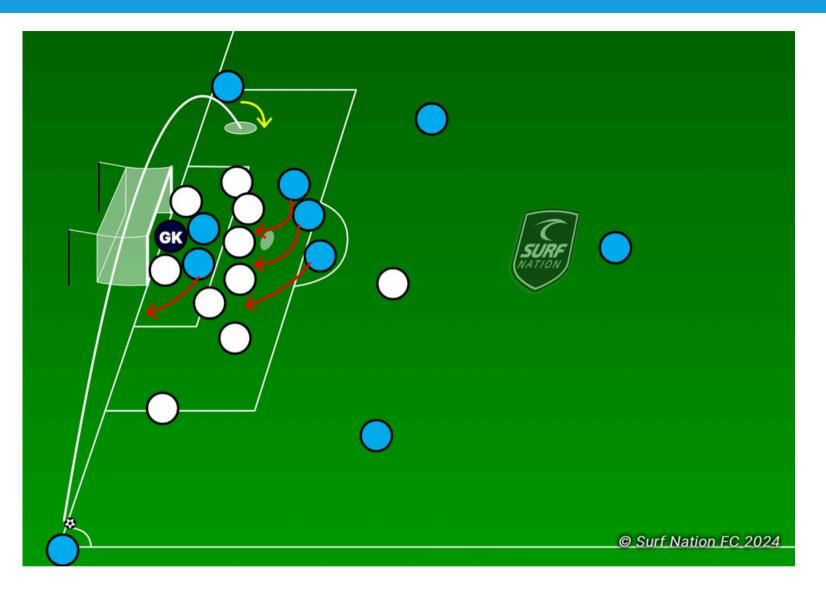
- Just as the corner kick taker is approaching the ball, Players #1, #3, and #4 in the first zone, sprint towards the near post
- Player #2 stays and is positioned for a potential second phase
- Similarly, in the second block, Players #5, #7 and #8 all make attacking runs towards the near post
- Player #6 delays their movement and then makes a run to the Delivery Zone where the ball is delivered, to score from close range

# 2. Back Post Routine



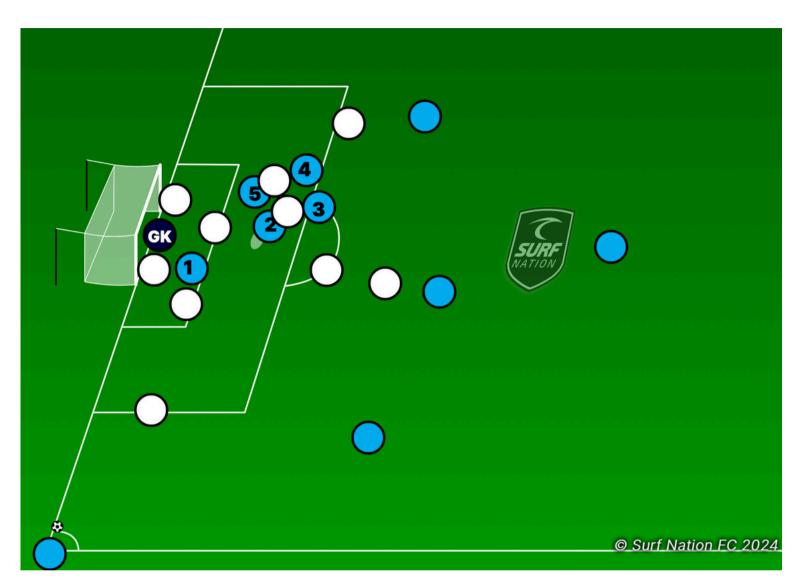
### **Initial Organization**

- Two players in the six-yard box, either side of the goalkeeper
- One player at the back post towards the edge of the 18-yard box
- Three target players alongside at the penalty spot with another delaying their run towards the same area
- One player centrally on the edge of the box positioned for a quick second phase



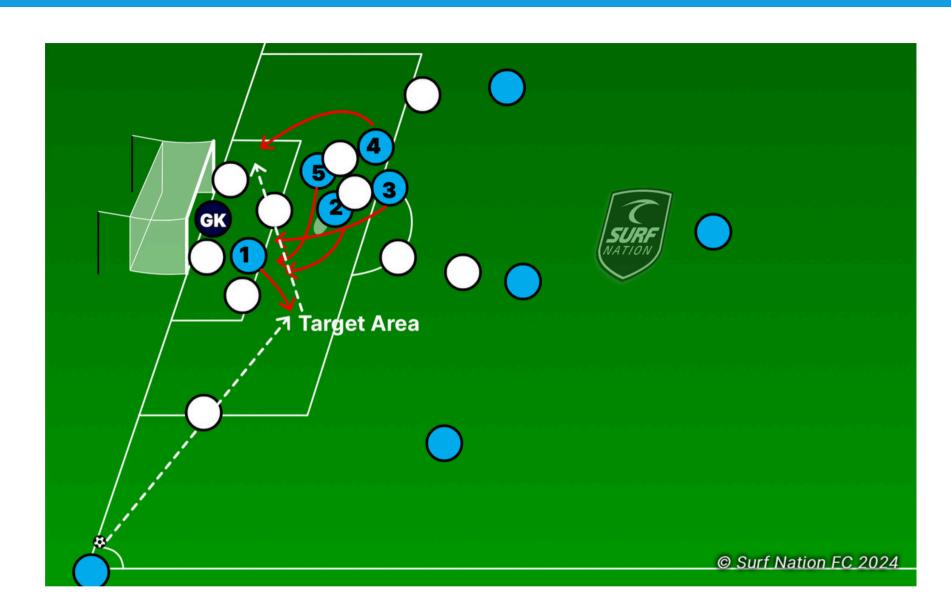
- One player inside the six-yard box sprints towards the near post to take a defender away, the other player "fronts" the GK to impact their view
- Corner kick is delivered towards the far end of the 6-yard box towards three attacking runners
- Ball is flicked on and arrives at the player in the corner of the penalty box
- The second phase now has five attacking players inside the 6-yard box, for the corner player to deliver a low cross against a disorganized defense

## 3. Flick to Beat Zone



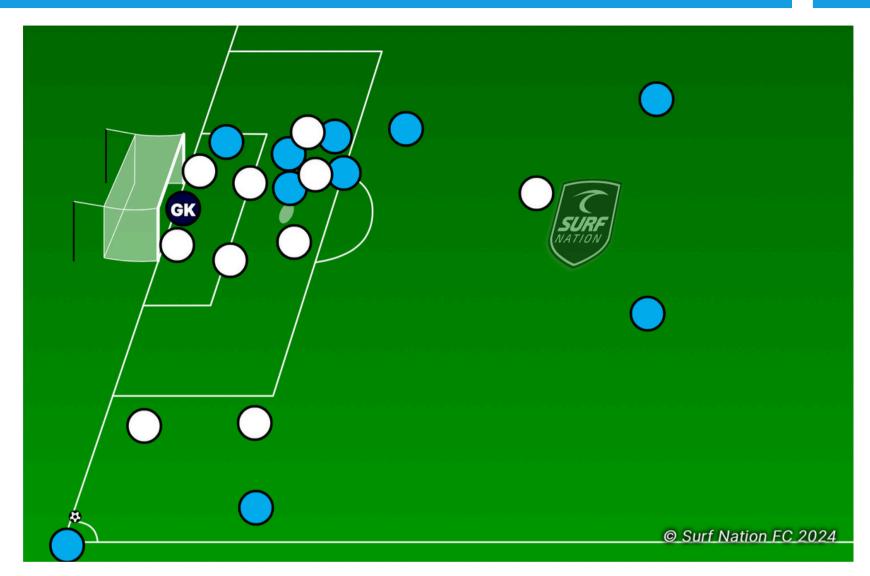
### **Initial Organization**

- One attacking player at the six-yard box, in between the second and third zonal defender
- Four attacking 'target players' engaging the markers around the penalty spot
- One player in a wide position drawing out another defender
- Three additional players outside the box positioned for second phase or counter-attack prevention



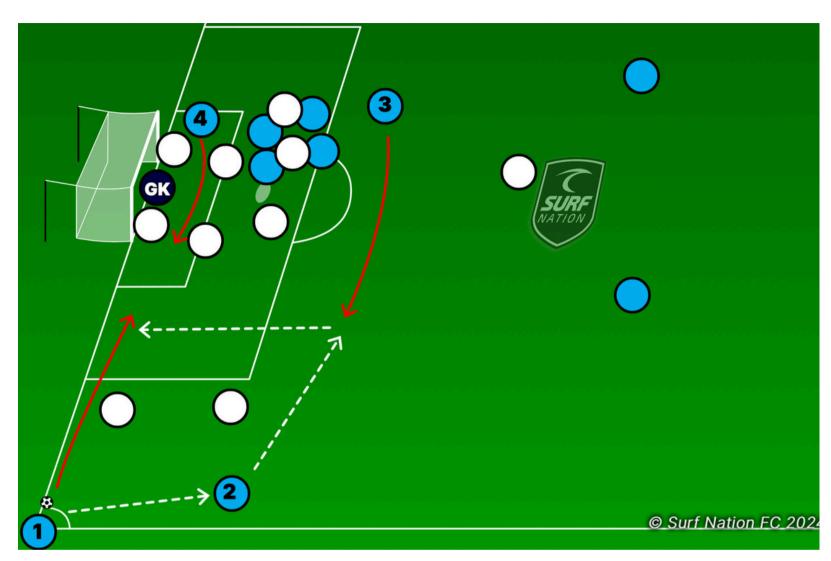
- When the corner taker is on the run-up, Player #1 pops in front of the second zonal player into the Target Area
- Players #2, #3, and #5 make movements towards the near post, in case the ball is overhit
- Player #4 makes a run towards the back post
- Player #1 guides their header towards the back post, where Player #4 is in a position to finish on goal

## 4. Underlap Short Routine



## **Initial Organization**

- Two players on the ball to bring out two defenders
- Five players together at the far side of the box clearing space in the penalty area
- One player at the far post to engage defenders
- Two players covering one forward outside the box



- Corner kick is taken short and triggers an initial 2v2
- As the nearest covering player goes to support, Player #1 (who took the corner kick) runs under the covering defenders towards the goal (must be aware of defenders movement around goal to stay onside)
- Player #3 moves across to support and finds Player #1, who dribbles into the box
- The players at the edge of the box make attacking runs towards the goal and look for a passing option or attack the rebounds



# THANK YOU



For more Surf Nation resources and support, please go to:







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